



PRIMAL FITNESS SYSTEMS, LLC.

PRO ATHLETIC BAND CARE INSTRUCTIONS

Our bands are made from the highest quality natural latex. Since this is a natural substance from nature, special care must be maintained.

STORAGE

Never leave bands in the sun for an extended period of time.

Never leave bands in areas that they might freeze.

Never store bands in high humidity areas.

Best temperature range for band storage is 66 F-78 F.



CLEANING

Do not use any solvent base cleaner on the bands. All solvent based cleaners, including alcohol, will weaken, melt and/or dissolve the natural latex.

Use only gentle, soft, liquid soap and warm water to clean bands.

ATTACHING BANDS

When attaching bands to a fixed object, be sure there are no jagged, sharp or rough surfaces. This will cause the band to tear and/or break.

Do not attach bands to water pipes, electrical pipes or any type of utility pipe.

Do not attach bands to furniture or door knobs.

Do not attach bands around shoes that are made with hard ridged plastic.

INSPECTION

Always inspect bands prior to use. This is very important for safety.

If there are any tears, rips or chattered surfaces, discard the band immediately.

Never stretch the band or exceed its length 2 times its original length.